

Becca Fit Pro

Insta Pot Peanut Sesame Noodles

Ingredients

1-2 Tablespoons Coconut Oil or water for sautéing

4-5 Garlic Cloves, minced

1 Inch Fresh Ginger, minced

2 Carrots, peeled and sliced thin

1 Red Bell Pepper, sliced thin

3 Stalks Green Onion

2.5 Tbs Low Sodium Soy Sauce

1.5 Tbs Rice Vinegar

1.5 Tbs. Sesame Oil

1 Tbs. Sriracha (more or less to taste)

3 Tbs. Peanut Butter

Salt, to taste

8 Oz. Spaghetti, broken in half (or other choice pasta)

1.5 Cups Water

Juice of 1 Lime

Crushed Peanuts, to garnish

Directions

- With Insta Pot on sauté or high setting, add oil, garlic and ginger. Sauté until they start changing color.
- Add carrots, pepper and green onion, (you may set aside some green onions to garnish), toss to combine.
- In separate bowl combine soy sauce, rice vinegar, sesame oil, sriracha, peanut butter and salt. Whisk to combine.
 Add to Insta Pot and coat veggies.
- Put broken spaghetti (or other pasta) on top of veggies and cover with just enough water to cover all pasta.
- Close the pot, sealing the lid. Set on high pressure for 4 minutes. Quick release the pressure once cooked.
- Use tongs to toss all together, it may be watery but will thicken as it stands.
- Add reserved onions, juice of 1 lime and serve with crushed peanuts on top. Enjoy!

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